

**Virginia Commonwealth University School of Nursing  
Faculty Curriculum Vitae**

**PERSONAL INFORMATION**

Leigh Ann Breckenridge, DNP, FNP-C, MSN, BSN  
Clinical Assistant Professor  
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**EDUCATION**

University of Alabama School of Nursing Tuscaloosa, Alabama	2013– 2015	DNP
University of Memphis School of Nursing	2010 – 2012	Post-Master's Certificate FNP
University of Kentucky Lexington, Kentucky	1992–1994	Master of Science in Nursing (Parent/Child Nursing)
Mississippi College Clinton, Mississippi	1982 –1986	Bachelor of Science in Nursing

**PROFESSIONAL LICENSURE and CERTIFICATION**

Virginia State Board of Nursing 002417682	Expires 6/30/2024
AANP-CFNP, F0512349	Expires 4/30/2027
CPR BLS	Expires 07/04/2025
PALS	Expires 08/23/2025

## PROFESSIONAL EXPERIENCE

### **Academic Appointments**

Clinical Assistant Professor Virginia Commonwealth University School of Nursing Richmond, VA	July 2019-present
Clinical Associate Professor Loewenberg College of Nursing University of Memphis Memphis, TN.	Aug 2016-Feb 2019
Clinical Assistant Professor Loewenberg College of Nursing University of Memphis Memphis, TN.	Aug 2009 -Aug 2016
Instructor Baptist College of Health Sciences School of Nursing Memphis, TN,	Aug 2008-May 2009
Instructor Lynchburg College (now University of Lynchburg) School of Nursing Lynchburg, VA.	Aug 2004-May 2006
Instructor Eleanor Mann School of Nursing University of Arkansas Fayetteville, AR.	Aug 1999-May 2004
Instructor University of Texas at Austin School of Nursing Austin, TX.	Aug 1994-May 1999

## **Clinical**

### **Family Nurse Practitioner Appointments**

Kidmed  
Chesterfield, VA

July 2023-present

Vital Care Family Practice  
Chesterfield, VA

Jan 2023-July 2023

VCU Health Women's Clinic, Richmond, VA

Feb 2019- Dec 2022

Cherokee Health System,  
Memphis, TN

May 2018 - Feb 2019

Hope Primary Care,  
Memphis, TN

Jun 2017-May 2018

Morning Center,  
Memphis, TN

Jun 2015-May 2017

Methodist Minor Med,  
Memphis, TN

Oct 2014 - Jan 2017

Collierville Pediatrics,  
Collierville, TN

Jun 2012 - Jun 2015

### **Registered Nurse**

Baptist Women's Hospital Memphis, TN	Labor and Delivery	Aug 2008- Aug 2009
Centra Health Lynchburg, VA	Labor and Delivery	May 2004- May 2008
Brackenridge Children's Hospital Austin, TX	Pediatric med-surg	Aug 1994- Aug 1999
Kosair Children's Hospital Louisville, KY	Pediatric med-surg Charge nurse	Sept 1987- Aug 1994

### HONORS, AWARDS, SCHOLARSHIPS

Daisy Faculty Award Winner	Virginia Commonwealth University	2022
Daisy Faculty Award Nominee	Virginia Commonwealth University	2021
Excellence in Clinical Scholarship	Society of Pediatric Nursing	2017
Phi Kappa Phi	University of Alabama	2015
Daisy Faculty Award Nominee	University of Memphis	2014
University of Memphis Distinguished Teaching Award	University of Memphis	2013
Advising Award	University of Arkansas	2003

### PUBLICATIONS

#### Articles Published in Peer Reviewed Journals

Burns, D., **Breckenridge, L.A.**, Gregory, A., Nye, C. [submitted for publication 2023].  
Redesigning nurse practitioner clinical education with a Dyad/POD approach.  
*Journal of American Academy of Nurse Practitioners.*

**Breckenridge, L. A.**, Burns, D., & Nye, C. (2021). The use of motivational interviewing to overcome COVID-19 vaccine hesitancy in primary care settings. *Journal of*

*Public Health Nursing*: 1–6. <https://doi.org/10.1111/phn.13003>

Gill ME, Zhan L, Rosenberg J, **Breckenridge L.A.** (2019). Integration of Adverse Childhood Experiences Across Nursing Curriculum. *Journal of Professional Nursing*, 35(2), 105–111. doi:10.1016/j.profnurs.2018.07.003

Gill, M. E., Zhan, L., Rosenberg, J., & **Breckenridge, L. A.** (2019). Adverse Childhood Experiences: Concept Mapping in the Bachelor of Science in Nursing Curriculum. *The Journal of Nursing education*, 58(4), 193–200. doi:10.3928/01484834-20190321-02

### **AUDIO-VISUAL, MEDIA, WEB-BASED**

#### **National Continuing Education Courses**

**Breckenridge, L. A.** & Gregory, A. (2023). Urinary incontinence in women. [www.nursingce.com/urinary-incontinence-in-women-nursing-ce-course](http://www.nursingce.com/urinary-incontinence-in-women-nursing-ce-course)

#### **Blogs**

Boatright, A., Stutzman, S., Dalton, M., Tolbert, W., **Breckenridge, L.A.** (2022). Addressing health disparities among the transgender and non-binary population through the EHR: A literature review. <https://rn-journal.com/journal-of-nursing/addressing-health-disparities-among-the-transgender-and-non-binary-population-through-the-ehr>

**Breckenridge, L.A.** & Gregory, A.A. (2021). Embracing refugees from Afghanistan: What NPs should know. The Nurse Practitioner Blog. <https://journals.lww.com/tnpj/blog/NewAndNoteworthy/pages/post.aspx?PostID32>

**Breckenridge, L.A.** (2017 November, 26). Solving Absenteeism is essential to academic success. *Commercial Appeal*. <https://www.commercialappeal.com/story/opinion/contributors/2017/11/26/solving-absenteeism-essential-academic-success/94245960/>

### **RESEARCH**

#### **Funded Grants**

Study team, *A Feasibility Investigation of the Dyad Model in FNP Clinical Education*. Virginia Commonwealth University, Clinical Scholars Program, \$11,013. August 2021-August 2022  
A qualitative study investigating FNP student pairs (dyad) and a set number of preceptors for clinical rotations in the graduate curriculum.

Study team, #C3-Check, Control, Celebrate-Asthma initiative in Shelby County Schools, University of Memphis, Memphis, TN \$15,000, 2016-2017

This team was responsible for educating children, parents and teachers about the importance of albuterol inhaler use while in school. The goal was to keep children in school and not leave it the child was wheezing.

PI, *Blue Scrubs go Green*, University of Memphis, \$5000, 2017-2018.

This was a grant to assist in making an impact on waste. Nursing students who graduated from the University of Memphis Loewenberg School of Nursing were asked if they wanted to donate their nursing school uniforms. The grant was seed money to start the program.

PI, *Children Safety and Wellness Training for Childcare providers*, State of Arkansas, \$26,000, 2004.

Child care providers from all over the state of Arkansas were invited to attend this workshop. I developed all of the content and presented much of it. Information presented at the workshop was developmental milestones, health and wellness of children, child abuse, playground safety and more.

### **Quality Improvement Projects With No Funding**

PI, *Decreasing Breastfeeding Barriers Among Immigrant Women*, Crossover Health Ministries Clinic, 2021-present

This quality improvement project has been ongoing. The breastfeeding rates at Crossover Health Clinic were below the state and national average. We have had to investigate the cause of the low rates and implement strategies to increase breastfeeding among immigrant mothers.

PI, *Teaching Nurses How to use Motivational Interviewing to Help Women Overcome Breastfeeding barriers*, DNP project, University of Alabama, 2015

This DNP project taught nurses about motivational interviewing and how to use it with women who were reluctant to breastfeed.

### **Non-funded grants**

Collaborator, RO1 grant submission through VCU Institute for Women's Health, *Birth in Color: Community Based Doula Integrated Supportive Care Program to Improve healthcare quality in pregnant Black women Across the Perinatal Care Continuum*, submitted 2022

PI, *Implementation of an ACES simulation for nursing students*. VCU Clinical Scholars Program \$15,000 Submitted May, 2020

## **PRESENTATIONS**

### **National Presentations**

**Breckenridge L.A.**(2024) Understanding Adverse Childhood Experiences (ACES/TIC) and Trauma Informed Care with the Use of Kintsugi Art, Podium presentation at AANP National Conference, Nashville, TN.

**Breckenridge, L.A. (2024)** Creating International Experiences for Nurse Practitioners Podium presentation at AANP National Conference, Nashville, TN,

**Breckenridge, L.A. & Burns, D** (2023, June). *Precepting in a Busy Medical Practice*. Podium presentation at AANP National Conference, New Orleans, LA., June 23

**Breckenridge, L.A.** (2021, December). *What can an on-line poverty simulation teach students about DEI*. Poster presentation at the on-line AACN Diversity, Equity and Inclusion Forum

**Breckenridge, L.A. & Gill, M.** (2017) *Impact on Violence and Abuse: The University of Memphis Collaborative*. Podium presentation at the National Conference of Health and Domestic Violence, San Francisco, CA

**Breckenridge, L. A. & Gill, M.** (2017) *Building a Culture of Health in An Urban Community*, Podium presentation at the National Resilience Conference, Nashville, TN.

### **Local/Regional Presentation**

**Breckenridge L.A.**(2024) Using Kintsugi to understand the impact of Adverse Childhood Experiences. Mary Frances Youth Center (VCU). Presentation, Richmond, VA.

**Breckenridge L.A.**(2023) Using Kintsugi to understand the impact of Adverse Childhood Experiences. MHWP(VCU). Presentation, Richmond, VA.

**Breckenridge L.A. & Gregory, A.** (March, 2023). *Urinary Incontinence in Women*. Virginia Council of Nurse Practitioners (VCNP) Podium Presentation, Roanoke VA.

**Breckenridge, L.A.** (2023). *Adverse Childhood Experiences and Health Outcomes*. Interprofessional Education and Collaboration, Guest lecturer, VCU, Richmond Virginia.

Burns, D., **Breckenridge, L.A.**, Gregory, A., Nye, C. (March, 2023). *The Dyad Model: A Creative Alternative to Precepting*, Virginia Council of Nurse Practitioners (VCNP) Podium Presentation, Roanoke, VA.

**Breckenridge, L.A.** (2022). *Adverse Childhood Experiences and health outcomes*. Interprofessional Education and Collaboration, Guest lecturer, VCU, Richmond Virginia.

**Breckenridge, L.A.** (2021). *Adverse Childhood Experiences: What Nurses Need to Know*. Podium Presentation at the annual Gamma Omega Sigma Theta Tau Fall event, Virginia Commonwealth University, Richmond, VA.

**Breckenridge, L. A.** (2020). *Motivational Interviewing and overcoming breastfeeding barriers*. Podium Presentation at Virginia Council of Nurse Practitioners (VCNP) annual convention, Norfolk, VA.

**Breckenridge, L.A.** (2021). *Adverse Childhood Experiences and health outcomes*. Interprofessional Education and Collaboration, Guest lecturer, VCU, Richmond Virginia.

**Breckenridge, L.A.** (2016). *Motivational interviewing and Overcoming Breastfeeding barriers*. Podium Presentation Society of Pediatric Nurses, Mid-South Chapter, Memphis, TN.

**Breckenridge, L.A.** (2016). *Motivational Interviewing and Overcoming Breastfeeding Barriers*, Tennessee Nurses Association Convention Nashville, TN.

### **PROFESSIONAL SERVICE**

President, Sigma Theta Tau Gamma Omega chapter July 2021-July 2022  
Vice president, Sigma Theta Tau Gamma Omega chapter July 2020-July 2021  
Manuscript reviewer, Journal for Professional Nursing 2020 and 2022  
Secretary, Sigma Theta Tau University of Memphis, 2011-2012

#### **National Service**

Member, National Organization Nurse Practitioner Faculties, DNP messaging committee, 2023  
Delegate, Sigma Theta Tau Biennial Convention (2021)

#### **University Service**

Member, Institute for Women's Health, 2022-present  
Representative-Faculty senate 2021-2022  
Participant-VCU Lactation policy work group 2021-2022  
Member-Global Education Office strategic planning committee, VCU-2020-2023

#### **School of Nursing Service**

Member, Netforce curriculum redesign 2022-2023  
Chair-Graduate Practice Committee Admissions subcommittee 2021-2023



Preceptor- FNP students using typical and dyad models 2013-present  
Reviewer, graduate student admission applications 2019-present  
Member-SON LOVE-VCU School of Nursing, 2019-present  
Member-DNP curriculum committee-2020  
Faculty advisor, accompanied group of VCU nursing students to Guatemala for international experience  
Member-Undergraduate Council, Loewenberg College of Nursing, University of Memphis, 2016-2019  
Member-Adverse Childhood Experiences Curriculum Planning Committee-Lowenberg College of Nursing, University of Memphis 2016-2019  
Faculty advisor, Accompanied group of VCU nursing students to Costa Rica for international experience 2017-2018  
Co-Chair Student affairs Committee, Loewenberg College of Nursing, University of Memphis, 2016-2019  
Chair, Mobile Clinic Planning Team-Lowenberg College of Nursing, University of Memphis, 2017-2018  
Member-Faculty affairs committee, Loewenberg College of Nursing, University of Memphis, 2011-2012  
Member-Curriculum Committee, Loewenberg College of Nursing, University of Memphis, 2011-2014  
Member-Technology Committee, Loewenberg College of Nursing, University of Memphis, 2009-2011  
Member-Curriculum Committee-Eleanor Mann School of Nursing, University of Arkansas, 1999-2004

### **Community Service**

Volunteer, Crossover Ministries, nurse practitioner in OB program at free health clinic, Richmond, VA. 2019-present  
Volunteer, Health Brigade, nurse practitioner for women's health at free health clinic, Richmond, VA. 2019  
Volunteer, Medical Reserve Corp for Virginia Health Department, 2019-present  
Volunteer, Henrico Health Department back to school physicals, Richmond, VA. 2019-2020  
Volunteer, Richmond City Health District back to school physicals, Richmond, VA. 2019  
Owner, Breastfeeding Counselors of Memphis, Free In-home breastfeeding support, 2014-2019  
Volunteer, nurse practitioner for sports physical to local high school athletes, Memphis, TN. 2012-2019  
Volunteer Nurse practitioner, medical missions Nicaragua, 2012 and 2013  
Volunteer, nurse, medical mission trips to Uganda, 2011

### **MEMBERSHIPS IN PROFESSIONAL ORGANIZATION**

National Organization of Nurse Practitioner Faculties, 2020-present  
American Academy of Nurse Practitioners, 2012-present

American Nurses Association, 2012-2023  
Virginia Council of Nurse Practitioners, 2019-2023  
Sigma Theta Tau Gamma Omega Chapter, 2020-2023  
Tennessee Nurses Association, 2009-2019  
Greater Memphis Area Advanced Practice Nurses, 2015-2019  
Sigma Theta Tau, University of Memphis, 2015-2019  
Virginia Nurses Association, 2002-2008

## **PROFESSIONAL DEVELOPMENT**

Applying the Quality Matters Rubric, Quality Matters, 2020  
VCNP pharmacology symposium (2021)  
AACN diversity symposium (2021)  
Adverse Childhood Experiences and Black Maternal Outcomes (2021)  
2020 Breastfeeding Updates, VCU Medical Center (2020)  
Mindfulness Education, Sigma Theta Tau (2020)  
Trauma informed care/adverse childhood experiences train the trainer program (2019)

## **TEACHING**

### **Course redesign**

VCU Nursing 607 Epidemiology and Population Health, 2022-2023  
VCU Nursing 589 Maternal and Child Health in Primary Care 2021  
VCU Nursing 309 Population Health, 2020  
VCU Nursing 409 Population Health Practicum  
University of Memphis Loewenberg College of Nursing Undergraduate Pediatric course  
2016  
University of Memphis Loewenberg College of Nursing, Global Health Perspectives in  
Costa Rica 2017

### **Courses taught at Virginia Commonwealth University**

#### **Graduate courses**

2022-present Nurs 590 Complex Problems in family Primary Care  
2020-present Nurs 607 Epidemiology and Population health  
2021-present Nurs 589 Maternal and child Health in Primary Care  
2020-Present Nurs 595 Family Primary Care Practicum I  
2021-present Nurs 642 Family Primary Care Practicum II  
2021-present Nurs 645 (Nurs 658) Family Primary Care III  
2021 Nurs 507 Health Promotion Disease Prevention  
2020 Nurs 631 primary Care of Select Populations  
2019 Nurs 511 Health Assessment lab

**Undergraduate courses**

2019-2023 Nurs 309 Population Health

2019-2023 Nurs 409 Population Health Application

2020 Nurs 261 Health assessment

2019 Nurs 335 Women's health

**DNP advisor for VCU students**

2022 Sonica Mahat Improving Obstructive Sleep Apnea Diagnosis Among Hypertension Patients

2022 Ginger Mary When a Child with Asthma Can't Breathe: Can Health Policy Make a Difference?

2023 Tara Horan Improving Pregnancy and Postpartum Depression Screening in a Community Health Clinic.

2023 Danielle Gibbens Implementing Buzzy Bee in Pediatric Immunizations

DNP preceptor for students outside VCU

2020 Camille Fischer Implementing the Golden Hour in Labor and Delivery