

Virginia Commonwealth University, School of Nursing Faculty Curriculum Vitae

Katherine Hendrick Falls, MSN, RN, ANP-BC
Term Faculty
On-site Director - Richmond Health and Wellness Program
Department of Family & Community Health
School of Nursing
Virginia Commonwealth University
PO Box 980102
Richmond, Virginia 23298
Fax: 804-828-7743
Phone: 804-304-8522
Email: khfalls@vcu.edu

EDUCATION

Virginia Commonwealth University, MSN, Adult Nurse Practitioner – 1995

Radford University, BSN, Nursing - 1986

HONORS/AWARDS

Jeff Petraco Award – Virginia Commonwealth University School of Nursing – 2020

Community Health Nurse of the Year - IVNA – 1993-1994

Sigma Theta Tau International - Omega Chapter – inducted 1986

TEACHING

Presentations

1. 2021 Virtual Emswiler Interprofessional Symposium - Presented : Richmond Health and Wellness Program: A case study in rapid adaptation of interprofessional education and remote visits during COVID-19.
2. Motivational Interviewing – Richmond Health and Wellness Program
3. Hypertension in the Older Adult - Richmond Health and Wellness Program
4. Health Literacy: Assessment, Management and Evaluation – Richmond Health and Wellness Program
5. Health Equity and Social Determinants of Health in Richmond Va. – Richmond Health and Wellness Program\
6. Self-Care in the Health Care Professions – Richmond Health and Wellness Program

7. Geriatric **Assessments** – How is it different/ Why does it matter – Richmond Health and Wellness Program
8. Falls in the Community Setting – How do we prevent them? Richmond Health and Wellness Program
9. Diabetes Management in the older adult Population – Richmond Health and Wellness Program
10. Communication with Older Adults – Richmond Health and Wellness Program.
11. Food Insecurity: Assessment and Intervention – Richmond Health and Wellness Program.

Courses

Health Equity in RVA (October, 2020: October 2021, September 2022). VCU, School of Pharmacy, 3rd year students. 80 students.

Motivational Interviewing (Summer, 2021). VCU School of Pharmacy, 4th Year students. 20 students.

Food Insecurity: through the lens of older adults. (Fall, 2019). VCU, IEXCEL Course. 8 students, 4 class sessions.

RESEARCH

Scholarly Grant - VCU School of Nursing - October 2020 - Principal Investigator - A Formative Evaluation of a Mobile Market to Increase Access and Consumption of Vegetables among low-income Older Adults during the COVID-19 Pandemic – Award - \$1500- (November 01, 2020 through August 01, 2021).

Clinical Scholars Program Award –February 2021- July 2022 – Co-investigator - Richmond Health and Wellness Programs (RHWP) Prescription Produce Plan (PPP) – Award \$10,000

PUBLICATIONS

Battle, K. Falls, K., Waters, L., Slattum, P., Parsons, P. Diallo, A. Engaging interdisciplinary health professions students to promote healthy eating and chronic disease management among low-income older adults: the Prescription Produce Plan. *American Journal of Health Education*. [Submitted for review April 8, 2023]

Chung, J., Winship, J., Parsons, P., Falls, K., & Bleich, M. (2022). Stakeholder perspectives on the implementation of smart speakers for aging in place in low-income senior housing: A qualitative study. *Journal of Gerontological Nursing*, 48(1), 33-39. doi: 10.3928/00989134-20220908-05

Sargent, Lana; Zanjani, Faika; Winship, Jodi; Gendron, Tracey; Mackiewicz, Marissa; Diallo, Ana; Waters, Leland; Battle, Kimberly; Ford, Greg; Falls, Katherine; Chung, Jane; Price, Elvin; Cisewski, Melissa; Parsons, Pamela. COVID-19 Pandemic Impact on Low-Income African American Older Adults. *Gerontology and Geriatric Medicine*.

Winship, Jodi; Gendron, Tracey; Waters, Leland; Chung, Jane; Battle, Kimberly; Cisewski, Melissa; Gregory, Melody; Sargent, Lana; Zanjani, Faika; Slattum, Patricia ; Mackiewicz, Marissa; Diallo, Ana; Ford, Greg; Falls, Katherine ; Price, Elvin; Parsons, Pamela. *COVID In Context: The Lived Experience of Richmond's Low-Income Older Adults*. Under Review. Gerontology and Geriatric Medicine.

Sargent, L., Slattum, P., Brooks, E., Gendron, T., Mackiewicz, M., Diallo, A., Waters, B., Winship, J., Battle, K., Ford, G., **Falls, K.**, Chung, J., Zanjani, F., Pretzer-Aboff, I., Price, E., Prom-Wormley, E., Parsons, P. 2020, December 22). *Bringing transdisciplinary aging research from theory to practice*. The Gerontologist.

Winship, JM., **Falls, K.**, Gregory, M., Peron, EP, Donohoe, KL, Sargent, L., Slattum, P., Chung, J., Tyler, CM., Dialo, A., Battle, K., Parsons, P. (2020) *A Case Study in Rapid Adaptation of Interprofessional Education and Remote Visits During COVID-19*. The Journal of Interprofessional Care.

Diallo, AF., **Falls, K.**, Hicks, K., Gibson-McQueen., Slattum, PW., Parsons, P. (2020, September). *The RHWP healthy meal program: addressing food insecurity in low income older adults*. Public Health Nursing.

Diallo, AF., **Falls, K.** (2020, June) *A multi-faceted approach to address food insecurity in urban dwelling older adults*. Age in Action.

Boling PA, Buck C & **Falls K.** (1999). *Developing a Successful House Calls Team*. Home Health Care Consultant.

LICENSURE

Registered Nurse: Commonwealth of Virginia ---001-102179 - 7/31/24

Adult Nurse Practitioner: Commonwealth of Virginia ---0024102179 - 7/31/24

CERTIFICATION

Adult Nurse Practitioner - ANCC - #0256480 – 12/29/21 – 12/30/26

PROFESSIONAL EXPERIENCE

Term Faculty, On-site clinical director of Mobile Health and Wellness Program: VCU, School of Nursing: September 2017-present. Precept and evaluate BSN, accelerated BSN, Nurse Practitioner, Pharmacy, Medicine, OT and PT students in our inter-professional community health setting. Coordinate and lead RHWP team meetings, bi-weekly. Serve as the primary NP at RHWP sites. Enhanced our structure for educating our inter-professional group of students, incorporating geriatric competencies for all disciplines. Guide our inter-professional faculty in providing topic discussions that meet the needs of all students. Worked on standardizing our faculty de-briefing process to incorporate the needs of all disciplines, provide feedback on Motivational Interviewing, geriatric syndromes and an inter-

professional approach to the care of the older adult in a community setting. Worked to enhance the NP evaluation – added competency-based review of geriatric syndromes and standardized for all NP students to be reflected in their clinical notes and oral presentations. Adapted our MHWP process in response to the COVID-19 pandemic, creating a virtual program to provide telephonic visits for our participants. Helped to lead a COVID vaccine clinic at the VCU Health Hub at 25th street.

Healthy Meal Program Coordinator: September 2016-March 2020. Managed the RHWP Healthy Meal Program.

1. Developed a program to address food insecurity in our clinic.
2. Serve as the community liaison for our community partners, Shalom Farms and Feedmore.
3. Coordinate a fresh vegetable access program through Shalom Farms to serve our low-income population living in food deserts – 50 people participate weekly at Highland Park and 4th Ave. 30 people participate in a biweekly produce share at Dominion Place.
4. Implemented a Commodity Supplemental Food Program (CSFP) through the USDA and Feedmore. Provides supplemental nutrition to 250 RHWP participants on a monthly basis.
5. Precept Health and Kinesiology students completing their 395 and 495 internships. Supervise, guide and evaluate 3-7 students per semester. Teach nutrition and management of chronic diseases, social determinants of health and food insecurity in our low income, older adult population.

Instructive Visiting Nurses Association: Quality Assurance, audited charts and assured proper coding for Home Health Care patients receiving skilled nursing services. September 2002- May – 2007.

Medical College of Virginia Hospitals, House Calls Program: Certified Nurse Practitioner, Provided primary care to a variety of homebound patients in collaboration with physician colleagues. Case managed this complex group of patients with chronic diseases with a concentration on the care of the older adult. Feb, 1996-May, 1999.

Instructive Visiting Nurses Association: Community Health Nurse/Case manager. Provided case management and skilled nursing services to patients with complex chronic illnesses. Focused on the care of the older adult. Jan, 1993- Feb, 1996.

Graduate Hospital: Staff Nurse, Provided direct patient care to critically ill patients with medical and surgical disorders. Performed charge nurse duties and precepted new employees. Philadelphia, PA - Dec, 1991- Dec, 1992.

Medical College of Virginia Hospitals, Neuroscience ICU: Clinician IV, Managed, evaluated and supported staff. Precepted and educated nurses about the care of neuro/neurosurgical patients provided direct patient care. Sept, 1986 – Sept, 1991.

ACADEMIC APPOINTMENT

External Affiliate Faculty Appointment – clinical instructor – Department of Family Medicine and Population Health – 2017- present.

PROFESSIONAL ORGANIZATIONS

Sigma Theta Tau

UNIVERSITY SERVICE

Coordinate Volunteer opportunities for Health Science Students: Set up opportunities for Health Science students to volunteer with our community partners, Shalom Farms and Feedmore.

Review applications for BSN, accelerated BSN and NP student candidates at the VCU School Of Nursing.

Serve on the undergraduate curriculum committee at the VCU School Of Nursing.