

## **Leslie Bristow Lantz**

MSN, RN, CNE, RNC-OB

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 School of Nursing  
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### **EDUCATION**

<b>Doctor of Philosophy (in progress)</b> Major: Biobehavioral Research Virginia Commonwealth University, Richmond, VA	2023
<b>Master of Science</b> Major: Nursing Education Walden University, Minneapolis, MN	2011
<b>Bachelor of Science</b> Major: Nursing James Madison University, Harrisonburg, VA	2003

### **LICENSURE**

Virginia Board of Nursing, RN (License Number: 0001186158)	2003-Expires:1/25
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### **CERTIFICATION**

CNE: Certified Nurse Educator (NLN# 590280)	2021-Expires: 7/26
RNC-OB: Certification for Inpatient Obstetric Nurses (NCC# 104343032)	2009-Expires: 3/27
CITI Basic/Refresher Course Human Subjects Research Biomedical	2022-Expires:12/24
CITI Basic/Refresher Course Human Subjects Research Social & Behavioral	2022-Expires:12/24
CITI GCP – Social and Behavioral Research Best Practices for Clinical Research	2022-Expires:12/24

### **PROFESSIONAL EXPERIENCE**

#### **Academic appointments**

<b>Maternal Child Clinical Instructor– Bachelors of Science in Nursing Programs</b> Virginia Commonwealth University, Richmond, VA	9/1/22-present
<ul style="list-style-type: none"> <li>● Clinical, Simulation, and Lab teaching faculty in Women's Health and Pediatrics</li> </ul>	
<b>Associate Professor– Associates Degree and Practical Nursing Programs</b> Rappahannock Community College, Glenss, VA	1/16 - 8/31/22
<ul style="list-style-type: none"> <li>● Clinical, Simulation, Lab, and Didactic teaching faculty in the Practical Nursing and Associate's Degree of Nursing Programs</li> <li>● Courses taught include pharmacology, medical-surgical nursing, health assessment, women's health, pediatrics, acute care, professionalism, and introduction to health sciences</li> <li>● Mentored newly hired nursing faculty for didactic, lab, simulation, and clinical</li> <li>● Coordinate clinical placements for nursing students</li> <li>● Facilitate Concept Based Curriculum Development for the Associates Degree of Nursing Program</li> </ul>	

## Research and Leadership

### **Research Assistant– *Understanding Maternal Attitudes about Tobacco and THC Employing Research***

PI: Svikis; 10/1/20 - 4/30/23; funded by the CCTR Endowment Grant  
Virginia Commonwealth University, Richmond, VA

1/23-5/23

### **Research Assistant- *Biobehavioral perspectives on social connectedness and the Mindful Moms intervention for marginalized pregnant women with depression (the “Mindful Moms Study”)***

PIs: Kinser, Bodnar-Deren; R01NR020220; 5/6/21-2/28/26; funded by the National Institute of Nursing Research

Virginia Commonwealth University, Richmond, VA

1/23-present

### **Research Assistant- *The Unseen Wellbeing Dilemma: Nurse Loneliness***

PI: Wood; 3/23-present; funded by the funded by the VCU School of Nursing IGP, ANNA, and NASN  
Virginia Commonwealth University, Richmond, VA

9/23-present

## Clinical appointments

### **Registered Nurse –Home Health**

10/15-12/15

Bayada, Williamsburg, VA

- Client care coordination regarding services provided by Certified Nurse Assistants
- Collaborated with interdisciplinary team

### **Team Coordinator to Nurse Manager – Women’s Health**

2011 - 2015

Sentara Williamsburg Regional Medical Center, Williamsburg, VA

- Leadership for greater than 50 employees within a Labor, Delivery, Recovery, Postpartum unit
- Collaborated with multidisciplinary leadership team to meet patient centered and organizational goals
- Interim Manager of the Emergency Department in correspondence with Manager of the Women’s Health Department for a six month period as a leader for greater than 100 employees

### **Registered Nurse- Pediatric, Women’s Health and Emergency Department**

2005 - 2011

Sentara Williamsburg Regional Medical Center, Williamsburg, VA

- Provided care for pediatric, antepartum, intrapartum, postpartum, newborn, pediatric, and acute care patients
- Collaborated with multidisciplinary team to meet individualized patient care goals
- Oriented new staff and precepted students on the Women’s Health unit

### **Registered Nurse- Pediatrics Department**

2003 - 2005

Rockingham Memorial Hospital, Harrisonburg, VA

- Provided care for pediatric patients across the developmental age span

## HONORS/AWARDS

Selected to participate in Systematic Review Workshop (competitive application) in the VCU Center of Rehabilitation Science and Engineering

2023

Professional Excellence in Teaching (Rappahannock Community College)

2020

Divisional Promise Award (Sentara Healthcare)

2009

## PUBLICATIONS

**Brown, L., Lantz, L., any other authors (in preparation). Systematic review** regarding perinatal use of THC and infant outcomes (untitled at this time).

**Lantz, L., Gregory, A., Brown, R., Kinser, P. (in preparation). Systematic review** of literature on non-pharmacologic and self-management interventions for perinatal mood and anxiety in Hispanic/Latinx perinatal populations.

## PRESENTATIONS

### Regional Presentations

**Bodnar-Deren, S., Kinser, P., Lapato, DM., Amstadter, A., Aubry, C., Moyer, S., Lantz, L., Brake, C., Freeman, A. Words Matter in Yoga Research Studies: Using Approachable Language Regarding Biomarker and Epigenetic Discovery** presentation about DNA methylation in the Mindful Moms Research Study, language conveyed in an authentic and accurate fashion, consideration of racial concordance. (Symposium for Yoga Research, Stockbridge, MA) 2023

**Bodnar-Deren, S., Kinser, P., Lapato, DM., Amstadter, A., Aubry, C., Moyer, S., Lantz, L., Brake, C., Freeman, A. Words Matter in Yoga Research Studies: Using Approachable Language Regarding Biomarker and Epigenetic Discovery** presentation about DNA methylation in the Mindful Moms Research Study, language conveyed in an authentic and accurate fashion, consideration of racial concordance. (Marce Conference, Alexandria, VA) 2023

**Lantz, L., Lewis, C., White, R., Headley, S. Test Blueprint Creations** with alignment of course learning objectives, Bloom's taxonomy, NCSBN categories, and question item analysis in a blueprint organized template. (VCCS New Horizons Conference, Roanoke, VA) 2019

**Lantz, L., Lewis, C., White, R., Headley, S. Code Disaster: A Community College's Response to a Natural Disaster** presentation of an interdisciplinary mass casualty disaster management simulation. (VASSA Conference, Williamsburg, VA) 2019

**Lantz, L., Lewis, C., White, R., Headley, S. Concept Based Nursing Resources and Lesson Plans** presentation of lesson "class" maps and learner centric flipped classroom activities for each concept in the concept based curriculum. (VCCS New Horizons Conference, Roanoke, VA) 2018

### Workshop Presentations

**Testing Blueprints** 2017  
(Rappahannock Community College, Glens, VA)

## PROFESSIONAL SERVICE

Curriculum Committee: Rappahannock Community College (member)	2021-2022
VCCS Nursing Faculty Advisory Committee (secretary)	2019-2022
VCCS Nursing Faculty Curriculum Review Committee (member)	2019-2020
Student Affairs Committee: Rappahannock Community College (member)	2016-2022
Ad Hoc Grievance Committee: Rappahannock Community College (member)	2016-2022
Quality Enhancement Plan: Rappahannock Community College (member)	2016

## MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

Graduate Nursing Student Academy	2024
Association of Clinical Research Professionals	2023-2024
Association of Women's Health, Obstetric, and Neonatal Nurses	2022-2024
Virginia Commonwealth University Graduate Study Association	2024
Organization for Associate Degree Nursing	2021-2022
National League for Nursing	2016-2022
Sigma Theta Tau: Walden University	2011

## UNIVERSITY SERVICE

### School of Nursing

Global Advisory Council	2023
Undergraduate Admission Sub-committee: Virginia Commonwealth University (member)	2022-2023
Undergraduate Curriculum Sub-committee: Virginia Commonwealth University (member)	2022-2023

### University

Academic Programs and Research	2023-2024
Health Sciences Library Student Advisory Committee	2023-2024
Faculty Senate Alternate	2023-2024

## RESEARCH

### Funded Research

R01NR020220 (PIs: Kinser, Bodnar-Deren) 5/6/21-2/28/26 NIH/ National Institute of Nursing Research  
*Biobehavioral perspectives on social connectedness and the “Mindful Moms” intervention for marginalized pregnant women with depression*  
 The purpose of this longitudinal RCT is to evaluate the effects and mechanisms of the Mindful Moms intervention with n=200 marginalized (minority and/or low-income and/or low-educational attainment) pregnant women with depressive symptoms, as compared to an active control group.

Role: PhD student/ Research Assistant

VCU School of Nursing IGP, ANNA, NASN (PI: Rachel Wood) 2023-present IGP, ANNA, NASN  
 VCU School of Nursing IGP – Acute Care  
 American Nephrology Nurses Association – Nephrology Nurses  
 National Association of School Nurses – School Nurses  
*The Unseen Wellbeing Dilemma: Nurse Loneliness*  
 The overarching goal of this program of research is to promote a stable, healthy nursing workforce, whereby the central hypothesis is that loneliness negatively impacts wellbeing and hinders a stable, healthy workforce. The three currently active studies explore this phenomenon across two subspecialties of nurses while also building a more robust, timely data set to further understand the experience of nurse loneliness and begin to identify areas for intervention development.

Role: PhD student/ Research Assistant

CCTR Endowment Grant (PI: Dace Svikis) 10/1/20 - 4/30/23 CCTR  
 Perinatal Cannabis Use and Breastfeeding: A Feasibility Study.  
*Understanding Maternal Attitudes about Tobacco and THC Employing Research*  
 The purpose of this study is to determine feasibility of collecting data from women post-delivery at VCU. The project, U MATTeR, collects anonymous survey data about cannabis and other substance use as well as urine and breast milk samples to assay for cannabinoids. Preliminary analyses found 15% of study participants reported cannabis use during pregnancy. Study findings will be used to support future grant proposals focused on perinatal cannabis use (\$50,000).

Role: Research Assistant